



MARS HILL CLIMB

Saturday, August 12, 2006
Mars Hill, NC



Proceeds to benefit the Mars Hill College Cross Country Team

Hosted by: Mars Hill College Cross Country Teams

Events: 5K at 8:00 A.M.
½ Mile Fun Run on the track at 9:00 A.M.

Entry Fee: Pre-registration (By Friday, August 4)
5K \$12.00
Fun Run \$5.00

Late Registration (After August 4)
5K \$20.00
Fun Run \$10.00

(T-Shirts guaranteed to all pre-registered participants. We cannot guarantee T-Shirts to late entries)

Location: Chambers Gymnasium, Mars Hill College, on Athletic Street between Highway 213 and Bailey Street.

Course: USATF Certified. The first 1 ¼ miles are flat to rolling. The next quarter mile is uphill while the final 1 ½ + miles are downhill to flat. The starting line is on Athletic Street between Highway 213 and Bailey Street.

Registration: Early registration must be postmarked by Friday, August 4th. Race day registration ends at 7:40 AM for the 5K and at 8:40 AM for the Fun Run. The ½ Mile Fun Run is open to all participants but only those 12 years old and younger are eligible for overall awards.

Awards: The awards ceremony will begin at 9:45 AM in Meares Stadium. The top three overall boy and girl finishers in the Fun Run will receive an award. Awards for the 5K will be given to the top two overall male and female finishers, the top two overall male and female masters finishers, and the first 3 finishers in each age group. Age groups are: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over. No multiple awards will be given.

Other Info: Restrooms & Showers are available in Chambers Gymnasium. Water will be provided on the 5K course. Food & drinks will be provided after the race. For more info, contact Stacy Mark at smark@mhc.edu or (828) 206-1264.

Complete, detach, and mail to: Mars Hill College Cross Country, Campus Box 6668, Mars Hill, NC 28754

First Name _____ Last Name _____

Address _____
Street City State Zip

Phone _____ () Male () Female Age on 8/12/06 _____

Race () 5K (\$12 early, \$20 late) () ½ Mile Fun Run (\$5 early, \$10 late) Amount enclosed \$ _____

Make checks payable to Mars Hill College Cross Country

Adult T-shirt Size () Small () Medium () Large () XL () XXL

Liability waiver and release: Upon acceptance of my entry, I, for myself, my heirs and assigns, hereby release the sponsors, officials and volunteers of the Mars Hill Climb from any and all liability arising from illness, injury or death I may suffer as a result of my participation in this event. I attest that I am physically able, and have sufficiently trained for this event and am aware that participation in this event could result in physical injury. Should officials determine that completion of the event would be injurious to my health, I consent to be removed from the event and treated by designated medical personnel. I agree to accept the decisions of the officials as final. I also grant permission for the use of my name and picture in any broadcast, telecast or written account of the race.

Runner's Signature _____ Date _____

Parent/Guardian Signature (if under 18) _____